uc3m Universidad Carlos III de Madrid

Rudiments of Psychology

Academic Year: (2023 / 2024) Review date: 19-04-2023

Department assigned to the subject: Social Analysis Department Coordinating teacher: ARAMBURU-ZABALA HIGUERA, LUIS

Type: Basic Core ECTS Credits: 6.0

Year: 1 Semester:

Branch of knowledge: Social Sciences and Law

OBJECTIVES

General competences:

- Instrumentals: to develop the capacity of analysis and synthesis
- Personal and systemic: to assume the importance of the team interdisciplinary work; self-critical reasoning; motivation for the quality
- Others: aptitude to relate knowledge of Psychology and Psychology of the Work to related matters of the area of the Labor sciences

Specific competences:

- introductory knowledge of the approaches, problems and methodologies of the discipline of Elements of Psychology, in his slopes professional and scientific.
- development of the practical applications of the above mentioned discipline in the field of the Human Resources and the management of the Personnel.

DESCRIPTION OF CONTENTS: PROGRAMME

- UNIT 1. The object of scientific Psychology
- UNIT 2. Levels and Causes of Behavior
- UNIT 3. Objectives of scientific Psychology
- UNIT 4. Goals as a basic science
- (a): Description of behaviors; Descriptive traits and types
- UNIT 5. Goals as basic science
- (b): Prediction of behaviors; The explanatory level
- UNIT 6. Goals as an applied science
- (a): Diagnosis in Psychology; Concept of diagnosis
- UNIT 7. Goals as applied science
- (b): Diagnosis in Psychology; Types and levels
- UNIT 8. Goals as an applied science
- (a): Psychological prevention and intervention; Approachs
- UNIT 9. Areas of intervention of Psychology
- (a): Clinical psychology. Treatments and approaches
- UNIT 10. Psychology intervention areas
- (b): Humanistic Psychology
- UNIT 11. Areas of intervention of Psychology
- (c): Psychoanalysis and behaviorism
- UNIT 12. Areas of intervention of Psychology
- (d): Cognitive Psychology
- UNIT 13. Areas of intervention of Psychology
- (e): Other areas of intervention. Work Psycholog
- UNIT 14. Areas of intervention of Psychology
- (f): Other areas of intervention. Social Psycholog

LEARNING ACTIVITIES AND METHODOLOGY

In coherence with the mentioned objectives and competences, the teaching-learning methodology is participatory, continuous and open. Some of the training activities will be:

Practical exercises: Acquisition of competences of the Degree in the field of Work and Organizational Psychology.

Practice of the Course: Acquisition of competences in the field of Occupational Psychology and the management of Human Resources.

Discussion and presentation of the basic contents: Conference, followed by discussion. Acquisition of basic scientific and technical knowledge in this field.

In the terms established by university regulations, in this subject it is not possible to use mobile phones during the course of the class. Likewise, electronic devices of any type, including computers, must be turned off, unless the teacher expressly allows the use of some of them in specific situations and for academic purposes.

ASSESSMENT SYSTEM

The criteria of evaluation are based principally in:

- Evaluation of the knowledge by means of examinations and exercises.
- Evaluation of the professional competences by means of exercises and practical tests: discussion of cases, simulations, etc.

To approve the Subject a pass qualification is needed as minimal note in the final examination.

The assessment criteria for the Extraordinary Exam are the same that the ones used in the Ordinary, in accordance with the general regulation of the University for such Exams.

% end-of-term-examination:

% of continuous assessment (assigments, laboratory, practicals...): 40

BASIC BIBLIOGRAPHY

- AGULLÓ, E. y OVEJERO, A. (coord.) Trabajo, individuo y sociedad., Pirámide.
- ANASTASI, A. Tests psicológicos, Pearson Educación.
- DAFT, R. Y STEERS, R. Organizaciones: el comportamiento del individuo y de los grupos humanos., Limusa, 1992
- LEVY-LEBOYER, C. Evaluación del personal, Díaz de Santos.
- PAPALIA, E. Y OLDS, S. W. Psicología, McGraw Hill Higher Education, 1985

ADDITIONAL BIBLIOGRAPHY

- GUILLÉN, C. y GUIL, R. Psicología del Trabajo para Relaciones Laborales., McGraw-Hill..
- GUILLÉN, C. y GUIL, R. Psicología del Trabajo para Relaciones Laborales., McGraw-Hill..
- GUILLÉN, C. y GUIL, R. Psicología del Trabajo para Relaciones Laborales., McGraw-Hill..
- GUILLÉN, C. y GUIL, R. Psicología del Trabajo para Relaciones Laborales., McGraw-Hill..
- MORÁN, C. Psicología del trabajo: nociones introductorias., Aljibe.
- MORÁN, C. Psicología del trabajo: nociones introductorias., Aljibe.
- MORÁN, C. Psicología del trabajo: nociones introductorias., Aljibe.
- PEIRÓ, J.M. y PRIETO, F. (Eds.) Tratado de Psicología del Trabajo. Vol. 1: La actividad laboral en su contexto., Síntesis.
- PEIRÓ, J.M. y PRIETO, F. (Eds.) Tratado de Psicología del Trabajo. Vol. 1: La actividad laboral en su contexto., Síntesis.
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